

Use all downstrokes for maximum tone.

Novice Level:

- 1. Play two strokes per chord.
- 2. Play them in pairs. 1 & 2, 3 & 4, 5 & 6, 7 & 8.
- 3. Play them in two pairs, 1 2 3 4, 3 4 5 6, 5 6 7 8, etc.

Intermediate Level:

- 1. Play them in sets of pairs, up and down.
- 2. Start on the higher frets and work backwards

Advanced Level:

- 1. Start transposing to other keys.
- 2. Apply to songs.